

# SELECT CYCLING CLUB

"Cycling to Race"

2017/2018

## Membership Application & Renewal Form

SURNAME / VAN		FIRST NAME / VOORNAAM	
HOME ADDRESS / WOONADRES		POSTAL ADDRESS / POSADRES	
TEL (B)	TEL (H)	FAX	
CELL NO		ID NUMBER	
MEDICAL AID & NUMBER		EMERGENCY NO & NAME	
BLOOD GROUP	AGE	E-MAIL / E-POS	
Joining fee (incl. Jersey)		R500 per member	<input type="checkbox"/>
Annual fee per member		R750 per member	<input type="checkbox"/>
Family annual fee (Husband+wife+dependants U18)		On application only	<input type="checkbox"/>
Contact / Kontak Angela Reyneke 082 601 5526 086 505 7923 (fax) PO Box 72811, Lynnwood Ridge, 0040 E-mail: <a href="mailto:selectcycle@mweb.co.za">selectcycle@mweb.co.za</a> Standard Bank 0122 09 082 Lynnwood Ridge 012 445			
I indemnify Select Cycling Club and/or any and/or all its office bearers against any claim that I, my estate and/or my dependants may have arising from injury or damages whilst participating in a club event or ride. I agree to abide by the rules of the SCC. I accept Select Cycling Club's code of conduct			
Signature of Member: _____			
APPLICATION APPROVED			
DATE: _____		SECRETARY: _____	



## **SELECT CYCLING CLUB: CODE OF CONDUCT**

### **1. GOVERNANCE**

The code shall be known as Select Cycling Club Code of Conduct. The Code shall govern the conduct of all persons formally associated with cycling within the club.

### **2. KEY PRINCIPLES**

- 2.1 SCC wishes to operate in an environment where people show respect for others and their property. Respect is defined as consideration for another's physical and emotional well being and possessions, to ensure no damage or deprivation is caused to either.
- 2.2 SCC wishes to operate in an environment that is free from harassment. Harassment is defined as any action directed at an individual or group that creates a hostile, intimidatory or offensive environment.
- 2.3 SCC wishes to operate in a non-discriminatory environment. Respect the right, dignity and worth of every human being - within the context of the activity; treat everyone equally regardless of gender, ethnic origin or religion.

### **3. UNDERTAKING BY MEMBERS**

All persons who are bound by this code shall:

- 3.1 Act in a manner that is compatible with the interests of SCC.
- 3.2 Accord people involved in cycling with the appropriate courtesy, respect and regard for their rights and obligations.
- 3.3 Treat people's property with respect and due consideration of its value.
- 3.4 Show a positive commitment to SCC's policies, rules, procedures, guidelines and agreements.
- 3.5 Uphold the standing and reputation of cycling within SCC.
- 3.6 Positively contribute towards improved safety on our roads and attitudes towards other road users
- 3.7 Respect the law.

### **4. ACCEPTABLE BEHAVIOUR**

Examples of behaviour deemed to be suitable and in the best interests of the sport:

- 4.1 Obey the law of the road. The rules of the road are the same for cyclists as they are for motorists.
- 4.2 Share the road. Both motorists and cyclists have the right to use the road. Both have a responsibility to understand and respect each other's needs.  
The best way for a cyclist to share the road safely with motor vehicles is to follow the road rules, ride with courtesy and consideration for other road users and clearly signal any turning, pulling out or passing intentions.
- 4.3 Aggression towards motorists will not be tolerated. Offensive actions towards them will result in endangering your fellow club members' lives. Be the least, as cyclists are fragile and vulnerable on a bicycle.
- 4.4 Always wear a helmet when participating in a club organized event. Most serious cycle injuries involve the head. Head injuries can mean brain damage, impaired sight or hearing and/or a loss of co-ordination in the arms and legs. Unlike other injuries, damage to the brain is often permanent. For these reasons, helmets are compulsory for members of SCC.
- 4.5 Do not ride two abreast on the narrower sections of the path. Keep single file where ever there is no yellow lane. On narrower paths try to cycle on the left-hand side. Always keep left.
- 4.6 Ride in a predictable manner.
- 4.7 Use hand signals to indicate turning or objects in the road.
- 4.8 Riding at dawn or dusk, always wear bright clothing and compliment this with rear and front lights.
- 4.9 An appointed club captain will act as the administrator of all club organized rides. He will coordinate the rides in such a manner as he sees appropriate to accommodate all levels of riders. His orders will be obeyed in the interest of all.